

# **IX NATIONAL CONGRESS II CROSS-BORDER CONGRESS OF DUAL AND ADDICTIVE PATHOLOGY**

## **ADDICTIONS AND MENTAL ILLNESS: CONSENSUS AND CONTRASENSES**

**[www.congressopatologiadual.com](http://www.congressopatologiadual.com)**

**17th and 18th of OCTOBER of 2025  
CENTRO DE CONGRESSOS DA  
CÂMARA MUNICIPAL DE PORTALEGRE**

## **PROGRAM**

**COM O APOIO DE:**

Complejo Asistencial  
Universitario  
de Salamanca



**WADD**  
World Association  
on Dual Disorders



**SEPD**  
Addictions & other  
Mental Disorders



**Câmara Municipal  
Portalegre**





# Friday, 17th of October of 2025

8h00                      **Opening of secretariat**

8h15 - 9h15            **Oral presentations (Room A)**

Moderation: Fernanda Duarte and Brigitte Wildenberg

9h30 - 11h              **Joint session 1 - Behavioral Addictions (Room A)**

Moderation: Ilda Murta

- **Gambling: Scratch tickets - an addiction of today**
  - Pedro Morgado
- **Gambling and Binge eating disorder: the impulsive-compulsive spectrum**
  - Isabela Faria
- **Psychotherapeutic intervention in gambling disorder**
  - Filipa Sola

**Conference 1 - Synthetic Cathinones in Portugal (Room C)**

Speaker: João Coelho  
Commentary: Carlos Roncero

11h - 11h30            **Coffee break**

11h30 - 13h            **Panel 1 - Dual Pathology: the future (Room A)**

Moderation: Célia Franco

- **Dual patients in mental health care reform in Portugal**
  - Tiago Santos
- **World Association of Dual Disorders and the future of treatment for dual patients**
  - Nestor Szerman

13h - 14h              **Lunch**

14h - 14h30           **Opening session (Room A)**

14h30 - 16h            **Joint session 2 - Rehabilitative structures for Dual/Addiction Patients (Room A)**

Moderation: Brigitte Wildenberg

- **Day Hospital for Dual/Addictive Pathology: does it make sense?**
  - Indalecio Carrera, Adolfo Pinon Blanco
- **Rehabilitation in Dual/Addictive Pathology: the experience of the Quinta das Pontes Association**
  - Ana Catarina Pereira
- **Dual Pathology in Therapeutic Community: which intervention model?**
  - João Marques



# Friday, 17th of October of 2025

14h30 - 16h

## Joint session 3 - Dual Pathology in Alto Alentejo (Room B)

Moderation: Maria Antónia Mateus

- **Prevention program for addictive behaviors in Alto Alentejo**
  - Mafalda Folgado e Lina Alexandre
- **Experience of coordination between CRI and Psychiatry Service of ULS Alto Alentejo**
  - Inês Azevedo Silva
- **Addictive behaviors in prison services**
  - Marta Caraças

## Workshop 1 - ChemSex (Sala C)

Speakers: Filipe Gomes and Isabela Faria

16h - 16h30

## Coffee break

16h30 - 18h

## Joint session 4 - Neurodevelopment, youth and school (Room A)

Moderation: Maria do Carmo Cruz

- **ADHD and addictive pathology**
  - Inês Homem de Melo
- **Approach to the person with Disorder of the Intellectual Development and Substance Use Disorder**
  - João Albuquerque
- **Influence of the use of digital equipment on children and adolescents' mental health**
  - Francisca Magalhães

## Discussion panel - GICI Group: The experience of Dual Pathology in the Porto region (Room B)

Speakers: members of the group

Commentary: Célia Franco

18h - 19h

## APPD General Assembly

**Room A** - Câmara Municipal de Portalegre

**Room B** - Museu das Tapeçarias

**Room C** - Câmara Municipal de Portalegre



# Saturday, 18th of October of 2025

**8h00                    Opening of secretariat**

**8h15 - 9h15           Oral presentations (Rooms B and C)**

Moderation: Ana Araújo, Beatriz Martins, Carlos Vasconcelos e João Coelho

**9h30 - 11h            Joint session 5 - Dual Pathology in Psychiatric Services: challenges and approaches in integrated treatment (Room A)**

Moderation: Carlos Vasconcelos

- **Dual Pathology in hospitalization: strategies for effective treatment**
  - Joana Teixeira
- **Neurocognitive rehabilitation in PUA: evaluation of the results of an outpatient intervention**
  - Sónia Ferreira
- **Smoking cessation in psychiatric and mental health hospitalizations: a global perspective**
  - Gustavo França

**Joint session 6 - Stigma in Psychiatry and Mental Health (Room B)**

Moderation: Eliana Rodrigues

- **Stigma in Female Dual/Addictive Pathology**
  - Carolina Cabaços
- **Stigma in mental illness**
  - Alexandre Matos
- **Stigma in the LGBT+ population**
  - José Luís Guimarães

**Joint session 7 - Dual Pathology and Severe Mental Disorders: Are LAIs an Effective Intervention Strategy? (Room C)**

Moderation: Catarina Oliveira

- **Pharmaceutical care programs to improve therapeutic adherence (APLD)**
  - E. Echarri
- **The importance of defining the care circuit**
  - Manuel Conde
- **Results of 10 years of monitoring the APLD program in Coruña**
  - Indalecio Carrera

**11h - 11h30           Coffee break**



# Saturday, 18th of October of 2025

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11h30 - 13h

## **Camurus Symposium - The portuguese experience with long acting buprenorphine (Room A)**

Speakers: Carla Silva, Pedro Espada and Rui Sequeira  
Commentary: Beatriz Martins

## **Workshop 2 - Outpatient approach to dual patients: the experience of the Day Hospital of the Psychiatry Service of ULS Castelo Branco (Room B)**

Speakers: Cláudia Vicente

## **Workshop 3 - Verbal de-escalation (Room C)**

Speakers: Rute Neves and João Anacleto

13h - 14h

## **Closing session (Room A)**

**Room A** - Câmara Municipal de Portalegre

**Room B** - Museu das Tapeçarias

**Room C** - Câmara Municipal de Portalegre