

IX NATIONAL CONGRESS II CROSS-BORDER CONGRESS OF DUAL AND ADDICTIVE PATHOLOGY

ADDICTIONS AND MENTAL ILLNESS: CONSENSUS AND CONTRASENSSES

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17th and 18th of OCTOBER of 2025
CENTRO DE CONGRESSOS DA
CÂMARA MUNICIPAL DE PORTALEGRE

PROGRAM

COM O APOIO DE:

Complejo Asistencial
Universitario de Salamanca



Junta de
Castilla y León



WADD
World Association
on Dual Disorders



SEPD
Addictions & other
Mental Disorders
WPA



Câmara Municipal
Portalegre



Friday, 17th of October of 2025

8h00 **Opening of secretariat**

8h15 - 9h15 **Oral presentations (Room A)**

Moderation: Fernanda Duarte and Brigitte Wildenberg

9h30 - 11h **Joint session 1 - Behavioral Addictions (Room A)**

Moderation: Ilda Murta

- **Gambling: Scratch tickets - an addiction of today**
 - Pedro Morgado
- **Gambling and Binge eating disorder: the impulsive-compulsive spectrum**
 - Isabela Faria
- **Psychotherapeutic intervention in gambling disorder**
 - Filipa Sola

Conference 1 - Synthetic Cathinones in Portugal (Room C)

Speaker: João Coelho

Commentary: Carlos Roncero

11h - 11h30 **Coffee break**

11h30 - 13h **Panel 1 - Dual Pathology: the future (Room A)**

Moderation: Célia Franco

- **Dual patients in mental health care reform in Portugal**
 - Tiago Santos
- **World Association of Dual Disorders and the future of treatment for dual patients**
 - Nestor Szerman

13h - 14h **Lunch**

14h - 14h30 **Opening session (Room A)**

14h30 - 16h **Joint session 2 - Rehabilitative structures for Dual/Addiction Patients (Room A)**

Moderation: Brigitte Wildenberg

- **Day Hospital for Dual/Addictive Pathology: does it make sense?**
 - Indalecio Carrera, Adolfo Pinon Blanco
- **Rehabilitation in Dual/Addictive Pathology: the experience of the Quinta das Pontes Association**
 - Ana Catarina Pereira
- **Dual Pathology in Therapeutic Community: which intervention model?**
 - João Marques

Friday, 17th of October of 2025

14h30 - 16h

Joint session 3 - Dual Pathology in Alto Alentejo (Room B)

Moderation: Maria Antónia Mateus

- **Prevention program for addictive behaviors in Alto Alentejo**
 - Mafalda Folgado e Lina Alexandre
- **Experience of coordination between CRI and Psychiatry Service of ULS Alto Alentejo**
 - Inês Azevedo Silva
- **Addictive behaviors in prison services**
 - Marta Caraças

Workshop 1 - ChemSex (Sala C)

Speakers: Filipe Gomes and Isabela Faria

16h - 16h30

Coffee break

16h30 - 18h

Joint session 4 - Neurodevelopment, youth and school (Room A)

Moderation: Maria do Carmo Cruz

- **ADHD and addictive pathology**
 - Inês Homem de Melo
- **Approach to the person with Disorder of the Intellectual Development and Substance Use Disorder**
 - João Albuquerque
- **Influence of the use of digital equipment on children and adolescents' mental health**
 - Francisca Magalhães

Discussion panel - GICI Group: The experience of Dual Pathology in the Porto region (Room B)

Speakers: members of the group

Commentary: Célia Franco

18h - 19h

APPD General Assembly

Room A - Câmara Municipal de Portalegre

Room B - Museu das Tapeçarias

Room C - Câmara Municipal de Portalegre

Saturday, 18th of October of 2025

8h00 **Opening of secretariat**

8h15 - 9h15 **Oral presentations (Rooms B and C)**

Moderation: Ana Araújo, Beatriz Martins, Carlos Vasconcelos e João Coelho

9h30 - 11h **Joint session 5 - Dual Pathology in Psychiatric Services: challenges and approaches in integrated treatment (Room A)**

Moderation: Carlos Vasconcelos

- **Dual Pathology in hospitalization: strategies for effective treatment**
 - Joana Teixeira
- **Neurocognitive rehabilitation in PUA: evaluation of the results of an outpatient intervention**
 - Sónia Ferreira
- **Smoking cessation in psychiatric and mental health hospitalizations: a global perspective**
 - Gustavo França

Joint session 6 - Stigma in Psychiatry and Mental Health (Room B)

Moderation: Eliana Rodrigues

- **Stigma in Female Dual/Addictive Pathology**
 - Carolina Cabaços
- **Stigma in mental illness**
 - Alexandre Matos
- **Stigma in the LGBT+ population**
 - José Luís Guimarães

Joint session 7 - Dual Pathology and Severe Mental Disorders: Are LAIs an Effective Intervention Strategy? (Room C)

Moderation: Catarina Oliveira

- **Pharmaceutical care programs to improve therapeutic adherence (APLD)**
 - E. Echarri
- **The importance of defining the care circuit**
 - Manuel Conde
- **Results of 10 years of monitoring the APLD program in Coruña**
 - Indalecio Carrera

11h - 11h30 **Coffee break**

Saturday, 18th of October of 2025

11h30 - 13h

Camurus Symposium - The portuguese experience with long acting buprenorphine (Room A)

Speakers: Carla Silva, Pedro Espada and Rui Sequeira

Commentary: Beatriz Martins

Workshop 2 - Outpatient approach to dual patients: the experience of the Day Hospital of the Psychiatry Service of ULS Castelo Branco (Room B)

Speakers: Cláudia Vicente

Workshop 3 - Verbal de-escalation (Room C)

Speakers: Rute Neves and João Anacleto

13h - 14h

Closing session (Room A)

Room A - Câmara Municipal de Portalegre

Room B - Museu das Tapeçarias

Room C - Câmara Municipal de Portalegre